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Happy 247th Birthday, America!



Philadelphia is proud to be the birthplace of freedom. When the Declaration of Independence was signed right here on July 4, 1776, the founding fathers set forth the indisputable rights of life, liberty, and the pursuit of happiness. The 13 American colonies were no longer content to be ruled by the British and took a collective first step in forming the United States of America.

Almost two and a half centuries later, Philadelphia still personifies the essence of unity, cooperation, and solidarity. Nowhere is that spirit more evident than the <u>Philadelphia Wholesale Produce Market</u>.

Our 19 separate merchants are independent of each other, but we never forget that we belong to a

larger, interconnected whole. We trade amongst ourselves, we deliver each other's items to shared customers, and more importantly, we strive for a mutual trust and respect. Camaraderie and competition work in unison to make us a thriving marketplace.

And, isn't that the very embodiment of America?

Visit us at pwpm.net

Sharing Excess Rescues Over 10 Million Pounds of Fruit and Vegetables from the Philadelphia Wholesale Produce Market!



Check out this amazing <u>video</u> about how <u>Sharing Excess</u> has been able to rescue over 10,000,000 lbs. of fresh produce, which is roughly equivalent to 8 million meals and 200 tractor trailer loads of perfectly nutritious food that would otherwise go to waste.

The <u>Market</u> has been able to cut 6,000 tons of food waste in half thanks to the enthusiastic and unwavering determination of the Sharing Excess team along with the generosity of our wholesalers!

Who doesn't love a win-win?

Get Your Farm Fix!



As we slip into summer, now is a great time to love on local.

Yes, we're always loaded with luscious fruits and vegetables from around the globe, but the summer months give us a brief window into appreciating the bounty that our region offers. Tomatoes, corn, cucumbers, lettuces, radishes, peaches, broccoli, squashes, pickles, herbs, string beans, and watermelon are just a few of the mouth-watering seasonal items that are available.

There are big benefits to the consumer, grower, and the community. Produce is full of flavor and more nutritious the less it travels. You also support the local economy when produce is grown nearby and you help the environment by decreasing transportation costs and maintaining farmland and greenspace in your community.

The Philadelphia Wholesale Produce Market's proximity to lush farms throughout Pennsylvania, New Jersey, and Delaware make it the perfect place to pick-up locally grown seasonal fruit and vegetables!



Some July Dates to Celebrate

July 4th - Independence Day

July 16th - Fresh Spinach Day

July 22nd - National Mango Day

July 31st - National Avocado Day



Fresh is Our Life's Work.



MONDAY, JULY 3RD: CLOSING AT 11AM FOR CUSTOMERS CLOSING AT 4PM FOR RECEIVING

TUESDAY, JULY 4TH: CLOSED FOR CUSTOMERS OPENING AT 9PM FOR RECEIVING

WEDNESDAY, JULY 5TH:
OPENING AT 4AM FOR CUSTOMERS

Please Note Our Customer Hours

Sunday: 9:00 am to Sunday: 12:00 pm Sunday: 7:00 pm to Monday: 11:00 am Monday: 7:00 pm to Tuesday: 11:00 am Tuesday: 7:00 pm to Wednesday: 11:00 am Wednesday: 7:00 pm to Thursday: 11:00 am Thursday: 7:00 pm to Friday: 11:00 am









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Our mailing address is:

6700 Essington Ave, Philadelphia, PA 19153

Want to change how you receive these emails? You can <u>update your preferences</u> or <u>unsubscribe from this list</u>.

